

## Guide to Finding the Right Ring Size



## Method 1- Using a thread



Grab a thread/ribbon, pen, and a ruler.



Wrap the thread/ribbon around the finger, making a ring.



Mark the spot where the threads meet.



Use the ruler to measure the length.

After obtaining the measurement, refer to the chart on the next page to determine your ring size.



SIZE	MM (Circumference)
4	44
5	45
6	46
7	47
8	48
9	49
10	50
11	51
12	52
13	53

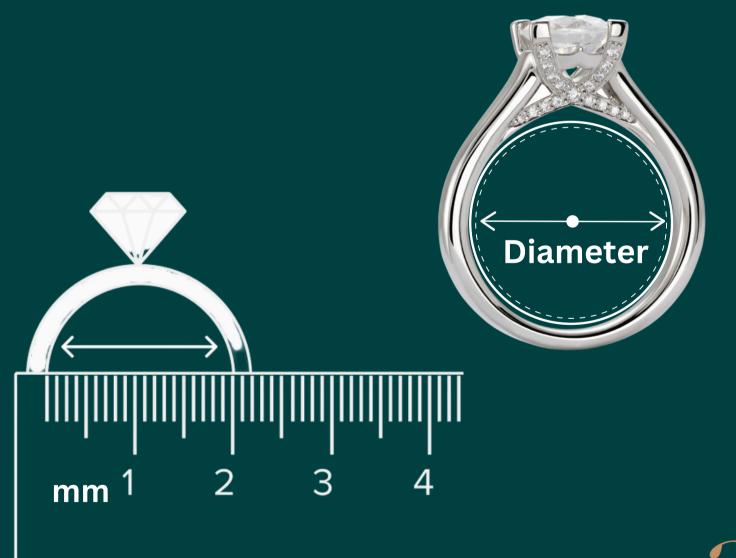
SIZE	MM (Circumference)
14	54
15	55
16	56
17	57
18	58
19	59
20	60
21	61
22	62
23	63

SIZE	MM (Circumference)
24	64
25	65
26	66
27	67
28	68
29	69
30	70
31	71
32	72
33	73

## Method 2- Using your existing ring

Here is an additional method to help determine the correct ring size. Measure the inner diameter of a ring you currently have (in millimeters.)

This method serves as a useful crosscheck to verify the accuracy of the 1st method.



Place your current ring on the ruler and measure its size from the inner side.

Remember to measure the inner diameter of the ring.

After obtaining the measurement, refer to the chart on the next page to determine your ring size.



SIZE	MM (Diameter)
4	13.9
5	14.3
6	14.7
7	15.1
8	15.3
9	15.5
10	15.9
11	16.3
12	16.5
13	16.9

SIZE	MM
	(Diameter)
14	17.3
15	17.5
16	17.9
17	18.1
18	18.5
19	18.8
20	19.1
21	19.4
22	19.8
23	20

SIZE	MM (Diameter)
24	20.4
25	20.6
26	21
27	21.4
28	21.6
29	22
30	22.3
31	22.6
32	22.9
33	23.1